



Lisa J. Shultz

AUTHOR

SPEAKING

- Enjoys talking to groups about aging and declining parents or loved ones and how to prepare for the final chapter of life.
- Offers refreshing candor about a topic that is often avoided.
- Seeks to reduce fear about end-of-life matters by sharing insights and experiences.
- Inspires open communication within families and healthcare teams to facilitate peaceful and gentle transitions.

ABOUT LISA

Lisa J. Shultz is a writer and award-winning author of non-fiction, self-help books.

In 2015, Lisa's father died at the age of 89. Following his death, she felt unsettled and incomplete. The experience had been fraught with unnecessary suffering for all involved. After much research and soul searching, her latest book emerged. With *A Chance to Say Goodbye: Reflections on Losing a Parent*, Lisa's goal is to support others who face losing a parent or loved one or who have already lost one.

CONTACT

(303) 881-9338

LisajShultz@gmail.com

www.LisajShultz.com

P.O. Box 1956,

Breckenridge, Colorado, 80424

PRAISE FOR HER LATEST BOOK

A CHANCE TO SAY GOODBYE

PUBLISHED IN 2017 - AVAILABLE ON AMAZON

"Part tribute, part memoir, part guide, *A Chance to Say Goodbye* succeeds on all counts, with lyrical writing and thorough research... In recounting her father's story, Shultz enables readers to share in her loss. And she offers a wealth of practical advice on everything from writing an obituary to clearing out a house... Thought provoking and absorbing, *A Chance to Say Goodbye* has much to offer readers willing to confront the challenging subject of end-of-life." ~ Starred Review from BlueInk Review.

"*A Chance to Say Goodbye* is a heartfelt, moving reminder that loving words are never wasted." ~ Foreword Clarion Reviews.

TESTIMONY FOR LISA

It is my belief that Lisa is one of the very best speakers our club has had personable, to the point, focused and full of down-to-earth ideas!"

-Cathie Deegan, Member of Arapahoe Sales Professionals